

JUST LIKE FAMILY

homecare HURRICANE CHECKLIST FOR SENIORS

Hurricane season is already upon us, as you saw with Hurricane Arthur hitting the Atlantic coast earlier this month. Being in Southwest Florida, it is essential that we make sure to plan ahead and have supplies ready just in case another storm comes our way.

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- Important Medical, Family Contact and Insurance Information, Safe and Secure
- Water
 - 2 Week Supply at Home, 3 Day Supply if Evacuating
 - 1 Gallon per Person, per Day
- Food
 - 2 Week Supply of Non-Perishable Food at Home, 3 Day Supply if Evacuating
- Non-Electric Can Opener
- Battery Powered Radio
- Flashlights
- Extra Batteries
- 2 Week Supply of Prescription Medication & List that Includes Dosages and Allergies
- Mosquito Repellant
- First Aid Kit
- Water Purification Kit
 - Tablets, Plain Chlorine and Iodine
- Pre-Moistened Towelettes
- Antibacterial Wipes and/or Hand Sanitizer
- Walker/Wheelchair/Medical Equipment
 - Talk To Medical Equipment Company Prior To Determine Needs For Battery Or Electric Powered Devices, Register With The Power Company If Electricity Required For Oxygen Or Special Needs

IF YOU EVACUATE, ALSO TAKE:

- Bedding
- Extra Clothing and Shoes
- Eyeglasses
- Folding Chair or Cot
- Extra Hearing Aid Batteries
- Walker/Wheelchair/Medical Equipment
- Important Papers in a Waterproof Container
 - Driver's License
 - Special Medical Information
 - Medical Insurance & Medicare Cards
 - Insurance Policies
 - Family and Physician Contact Numbers
 - List of Style and Serial Numbers of Medical Devices (i.e. Pacemaker)

PRECIOUS COMMODITIES BEFORE AND AFTER A STORM:

- Cash
- Ice
- Charcoal
- Wooden Matches
- Grill

CALL
JUST LIKE FAMILY HOME CARE
WE WILL COME TO YOUR
LOVED ONES' HOME TO
ENSURE THEY'RE PREPARED
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